

Design & Technology Subject Knowledge Organizer – Key Stage 1

Year 1 – Cooking and Nutrition - Sandwiches

Key Objectives

1	I can select and use appropriate ingredients, processes and tools
2	I can prepare a simple dish safely and hygienically without using a heat source
3	I can practice good personal hygiene
4	I can draw on my own experience to generate design ideas
5	I can suggest ideas and explain what I am going to do
6	I can identify who my design is for
7	I can model my ideas
8	I can talk about my finished product and say what I like and dislike about it.



Resources

1	Ingredients
2	Aprons
3	Chopping Boards
4	Knife
5	Mixing Bowl
6	Wooden Spoons
7	Design Templates
8	Recipes
9	Sample products

Skills

1	Washing and preparing ingredients
2	Spreading
3	Chopping
4	Mixing
5	Cleaning

Vocabulary

1	Explain
2	Plan
3	Equipment
4	Hygiene
5	Improve
6	Change
7	Like
8	Dislike
9	Utensils
10	Arranging